

Mentor masterCLASS

AN ALL-IN LIFE COACH
TRAINING COURSE FOR
WOMEN ON A MISSION



Decision-Making Worksheet

*"It is in your moments of decision that your destiny is shaped."
~Tony Robbins*

Use this list for inspiration to help you identify your values.

Step One: Go through the list and circle the values that are most important to you.

Step Two: Go through the items you circled and prioritize them if you can.

Step Three: Once you identify your values make sure that you have them in front of you as you go through the decision-making process.

To fill out your Exploration Application go to www.MentorMasterclass.com/challenge

Remember, powerful decisions happen when they are in line with your core values.

Abundance	Approval	Calmness	Competition	Drive
Acceptance	Art	Certainty	Contribution	Ecstasy
Achievement	Attractiveness	Challenge	Courage	Education
Activeness	Awareness	Change	Creativity	Effectiveness
Adaptability	Awe	Charity	Curiosity	Efficiency
Adventure	Balance	Cheerfulness	Daring	Elation
Affection	Beauty	Clarity	Direction	Elegance
Agility	Belonging	Cleanliness	Discipline	Empathy
Amazement	Bliss	Comfort	Discovery	Endurance
Ambition	Boldness	Commitment	Diversity	Energy
Amusement	Bravery	Community	Dominance	Enjoyment
Appreciation	Brilliance	Compassion	Dreaming	Entertainment

Enthusiasm	Individuality	Pride	Service	Traditionalism
Environmentalism	Influence	Privacy	Sexiness	Tranquility
Ethics	Insightfulness	Proactivity	Sexuality	Trust
Excellence	Inspiration	Prosperity	Sharing	Truth
Excitement	Integrity	Realism	Shrewdness	Unflappability
Exhilaration	Intelligence	Reason	Significance	Uniqueness
Experience	Intimacy	Recognition	Silence	Unity
Expertise	Intuition	Recreation	Silliness	Usefulness
Exploration	Justice	Refinement	Simplicity	Utility
Extravagance	Knowledge	Reflection	Sincerity	Valor
Faith	Leadership	Relaxation	Skillfulness	Variety
Fame	Learning	Reliability	Solidarity	Victory
Family	Lightness	Relief	Solitude	Vigor
Fascination	Liveliness	Religiousness	Sophistication	Virtue
Fashion	Logic	Reputation	Soundness	Vision
Fearlessness	Longevity	Resilience	Speed	Vitality
Financial	Love	Resolution	Spirit	Vivacity
Independence	Loyalty	Resolve	Spirituality	Volunteering
Fitness	Making a	Respect	Spontaneity	Warmth
Flexibility	difference	Responsibility	Spunk	Watchfulness
Focus	Marriage	Rest	Stability	Wealth
Freedom	Mastery	Restraint	Status	Willfulness
Friendship	Meaning	Reverence	Stealth	Willingness
Fun	Motivation	Richness	Stillness	Winning
Generosity	Nature	Rigor	Strength	Wisdom
Giving	Openness	Sacredness	Structure	Wittiness
Gratitude	Optimism	Sacrifice	Success	Wonder
Growth	Order	Sagacity	Support	Worthiness
Guidance	Organization	Saintliness	Supremacy	Youthfulness
Happiness	Originality	Sanguinity	Surprise	
Harmony	Partnership	Satisfaction	Sympathy	
Health	Patience	Science	Synergy	
Heart	Passion	Security	Teaching	
Honesty	Peace	Self-control	Teamwork	
Honor	Perfection	Selflessness	Temperance	
Humility	Perkiness	Self-reliance	Thankfulness	
Humor	Perseverance	Self-respect	Thoroughness	
Imagination	Playfulness	Sensitivity	Thrift	
Impact	Power	Sensuality	Tidiness	
Independence	Presence	Serenity	Timeliness	